

YOUTH & YOUNG ADULT MINISTRY AND CYO OFFICE – CYO ATHLETIC PREPARTICIPATION FORM

(PLEASE TYPE OR PRINT)

STUDENT'S NAME _____ BIRTH DATE _____ SEX _____ GRADE _____
 LAST FIRST
 ADDRESS _____ SCHOOL _____
 STREET CITY ZIP
 PARISH _____ PARISH CITY _____
 PARENT/GUARDIAN(S) NAME _____ EMAIL _____
 MOBILE/WORK TELEPHONE NO. _____ HOME TELEPHONE NO. _____

Carefully complete the following questions before your physical exam. Explain "YES" answers below.

	YES	NO
1. Has this athlete ever had hospitalization, surgery, injury, serious medical or psychological illness?.....	___	___
2. Is this athlete now under the care of a physician or taking any medication?.....	___	___
3. Has any physician ever recommended or do you feel that there should be limits placed on participation in competitive sports by this student?.....	___	___
4. Does this athlete have any known allergies? (medication, pollen, food, stinging insects).....	___	___
5. Does this athlete wear glasses or contact lenses? Give date of last eye exam if "YES".....	___	___
6. Has this athlete ever blacked out, been knocked out, lost consciousness or been dizzy during or after physical activity?	___	___
7. Has this athlete ever had racing of the heart, skipped heart beat or heart murmur?	___	___
8. Has this athlete ever had a head injury or concussion?.....	___	___
9. Has this athlete ever had a seizure?.....	___	___
10. Does this athlete use special protective/corrective equipment that isn't usually used? (For example knee brace, ankle brace, foot orthotics, hearing aid, etc.)	___	___
11. Does this athlete lose weight regularly to meet weight requirements for the sport?.....	___	___

Explain any YES answers: _____

I/we, the undersigned consent to the participation of the above-named child in CYO athletics including practice sessions, scrimmages and athletic contests. In consideration of participation in these programs, and wishing to promote and benefit this non-profit cause, I/we, the undersigned participant/parent, on behalf of myself, my heirs, legatees, and assigns, hereby agree to indemnify, save, and hold harmless the Catholic Charities Health & Human Services, Inc.(CCHHS), the Bishop of the Roman Catholic Diocese of Cleveland, the Roman Catholic Diocese of Cleveland, sponsoring Catholic Parishes/Schools and any of their agents, representatives, employees, successors or assigns for my health, safety or any injury and/or disability arising out of or resulting from: (CHECK all programs that apply)

☐ CROSS COUNTRY ☐ FOOTBALL ☐ VOLLEYBALL ☐ SOCCER ☐ CHEERLEADING
☐ BASKETBALL ☐ WRESTLING ☐ BASEBALL ☐ SOFTBALL ☐ TRACK & FIELD

As a participant/parent in the program, I/we recognize and acknowledge that there are certain risks or physical injury and I/we agree to assume the full risk of any injuries, including loss of life, damages or loss which I/we may sustain as a result of participating in any and all activities connected with or associated with such program. The undersigned acknowledge that the participant has prepared for the sport in which participating by adequately conditioning and practicing. I/we hereby represent that I have no physical restrictions that would prohibit my participation in the sport that I have selected. The Youth & Young Adult Ministry and CYO Office has my permission to have a physician attend me if deemed necessary during my participation in this CYO program.

I/we also give permission and authorize CCHHS, its agents, employees, successors and assigns to photograph or otherwise electronically or digitally record my image, or that of my child for which I am guardian participating in these athletic programs for the publication in printed or electronic form to be seen and disseminated to the general public in any media including CCHHS newsletter, poster, display, film, video or website.

I/we further agree to waive and relinquish all claims, fully release and discharge and agree to indemnify and hold harmless and defend the CCHHS, Youth & Young Adult Ministry and CYO Office and its officers, agents, servants and employees from any and all claims resulting from injuries, including loss of life, damages and losses sustained by me and arising out of, connected with, or in any way associated with activities of the program.

Participants Signature _____ Date _____
 Parent or Guardian Signature _____ Date _____
 Parent or Guardian Signature _____ Date _____
 This athlete has family medical insurance: ☐ YES ☐ NO If yes, the Child is covered by:
 INSURANCE COMPANY: _____ POLICY NO. _____ EFFECTIVE DATE: _____

HISTORY AND CONSENT MUST BE COMPLETED PRIOR TO PHYSICAL EXAM

STUDENT'S HEIGHT _____ WEIGHT _____ BP _____ PULSE _____

	NORMAL	ABNORMAL FINDINGS	INITIALS*
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Muscular skeletal			

*Station-based examination only.

SHOULD THERE BE ANY LIMITATIONS PLACED ON ATHLETIC PARTICIPATION? YES _____ NO _____

RECOMMENDATIONS: _____

I certify that I have on this date examined this student and that, on the basis of the examination requested by the CYO authorities and the student's medical history as furnished to me, I have found no reason which would make it medically inadvisable for this student to compete in supervised athletic activities. (NOTE EXCEPTIONS IN RECOMMENDATIONS AREA)

OPTIONAL TESTS

URINALYSIS
 ALBUMIN _____
 SUGAR _____
 MICRO (IF ABOVE TEST ABNORMAL) _____

BLOOD COUNT
 (FOR FEMALES)
 HGB. _____
 OR _____
 HCT. _____

PHYSICIAN'S NAME, ADDRESS & PHONE (STAMP OR PRINT)

PHYSICIAN'S SIGNATURE _____

PHYSICIAN'S TELEPHONE NO. _____ DATE _____